

January 2023

Breakfast-Bulldog Cafe



Monday	Tuesday	Wednesday	Thursday	Friday
Start each day with Breakfast !	Menu is subject to change. This institution is an equal opportunity	Milk Choice: Low fat white milk Non-fat chocolate milk	Breakfast Requirements: Grain Fruit or Fruit Juice Milk	All grain products meet the NSLP requirements. Meat/Meat Alternative is NOT required but may be served as extra.
Jan. 2	Jan. 3	Jan. 4	Jan. 5	Jan. 6
Chocolate Crescents-Cereal Cheese Stick -Yogurt Fruit-Fruit Juice Milk	Breakfast Bake-Cereal Cheese Stick -Yogurt Fruit-Fruit Juice Milk	Cinnamon Rolls-Cereal Cheese Stick -Yogurt Fruit-Fruit Juice Milk	Frudel-Cereal Cheese Stick -Yogurt Fruit-Fruit Juice Milk	Bulldog McMuffin-Cereal Yogurt Fruit-Fruit Juice Milk
Jan. 9	Jan. 10	Jan. 11	Jan. 12	Jan. 13
Biscuits and Gravy-Cereal Cheese Stick -Yogurt Fruit-Fruit Juice Milk	Un crustable-Cereal Yogurt Fruit-Fruit Juice Milk	WG Cinnamon Roll-Cereal Cheese Stick-Yogurt Fruit-Fruit Juice Milk	Maple Pancakes Cereal Cheese stick-Yogurt Fruit-Fruit Juice	Bulldog McMuffin-Cereal Yogurt Fruit-Fruit Juice Milk
Jan. 16	Jan. 17	Jan. 18	Jan. 19	Jan. 20
French Toast Sticks-Cereal Yogurt Fruit-Fruit Juice Milk	Oatmeal and Apples-Cereal Cheese Stick-Yogurt Fruit-Fruit Juice Milk	WG Cinnamon Roll-Cereal Cheese Stick-Yogurt Fruit-Fruit Juice Milk	Muffins-Cereal Yogurt Fruit-Fruit Juice Milk	NO SCHOOL
Jan. 23	Jan. 24	Jan.25	Jan. 26	Jan. 27
Scrambled Eggs and Sausage-Cereal Yogurt Fruit-Fruit Juice Milk	Pancake Wraps -Cereal Yogurt Fruit-Fruit Juice Milk	WG Cinnamon Roll-Cereal Cheese Stick-Yogurt Fruit-Fruit Juice Milk	Breakfast Pizza-Cereal Yogurt Fruit-Fruit Juice Milk	Bulldog McMuffin-Cereal Yogurt Fruit-Fruit Juice Milk
Jan. 30	Jan. 31			
Waffles-Cereal Yogurt Fruit-Fruit Juice Milk	Biscuits and Gravy-Cereal Yogurt Fruit-Fruit Juice Milk			