

October 2022

Breakfast in Classroom



Monday	Tuesday	Wednesday	Thursday	Friday
Start Each Day with Breakfast!		Milk Choice: Low fat white milk Non-fat chocolate milk	Breakfast Requirements: Milk Fruit or Fruit Juice Grain	Meat/Meat Alternative is NOT required but may be served as an extra. All Grain products meet the NSLP requirements
Oct. 3	Oct. 4	Oct. 5	Oct. 6	Oct. 7
Cereal Fruit Fruit Juice Milk	Bagel with Cream Cheese Fruit Fruit Juice Milk	Frozen Grahams Fruit Fruit Juice Milk	Combo Bar Fruit Fruit Juice Milk	Filled Cereal Bar Cheese Stick Fruit-Fruit Juice Milk
Oct. 10	Oct. 11	Oct. 12	Oct. 13	Oct. 14
Cereal Fruit Fruit Juice Milk	Uncrustables Fruit Fruit Juice Milk	French Toast Stick Fruit Fruit Juice Milk	Scooby Grahams Fruit Fruit Juice Milk	Muffins Cheese Stick Fruit-Fruit Juice Milk
Oct. 17	Oct. 18	Oct. 19	Oct. 20	Oct. 21
Cereal Fruit Fruit Juice Milk	Mini Pancakes Fruit Fruit Juice Milk	Apple Frudel Fruit Fruit Juice Milk	Nutrigrain Bars Fruit Fruit Juice Milk	Bug Bites Cheese Stick Fruit-Fruit Juice Milk
Oct. 24	Oct. 25	Oct. 26	Oct. 27	Oct. 28
Cereal Fruit Fruit Juice Milk	Poptarts Fruit Fruit Juice Milk	Pancake Wraps Fruit Fruit Juice Milk	Cereal Bar Yogurt Fruit-Fruit Juice Milk	Breakfast Pizza Cheese Stick Fruit-Fruit Juice Milk
Oct. 31				
Cereal Fruit Fruit Juice Milk				Menu is subject to change This institution is an equal opportunity